



## Client Information

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_  
First Middle Last

Form completed by (if someone other than client): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  Female  Male  Other: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Ext: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Reasons for seeking services (check all that apply, **CIRCLE PRIMARY REASON**):

- Anger Management       Anxiety       Coping       Eating Disorder
- Fear/Phobias       Mental Confusion       Sexual Concerns       Sleeping Problems
- Addictive Behaviors       Alcohol/Drugs       Marriage Concerns       PTSD
- Other Mental Health Concerns (specify): \_\_\_\_\_

## Family Information

Relationship	Name	Age	Living	Living with You
Mother	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Father	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Child	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Child	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Child	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

## Significant Others (e.g. brothers, sisters, grandparents, step-relatives. Please specify relationship.)

Relationship	Name	Age	Living	Living with You
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No



# Intake Form

## Marital Status

Single       Unmarried, Living Together    Length of Time: \_\_\_\_\_       Married    Length of Time: \_\_\_\_\_  
 Separated    Length of Time: \_\_\_\_\_       Divorce in Process    Length of Time: \_\_\_\_\_  
 Divorced    Length of Time: \_\_\_\_\_       Widowed    Length of Time: \_\_\_\_\_  
 Assessment of current relationship (if applicable):  Good     Fair     Poor

## Parental Information

Parents legally married       Have parents ever been separated       Have parents ever been divorced  
 Mother Remarried    Number of Times: \_\_\_\_\_       Father Remarried    Number of Times: \_\_\_\_\_

Any special circumstances (e.g., raised by person other than parents, information about spouse, other children living with client, etc.): \_\_\_\_\_

## Development

Are there any unusual or traumatic circumstances that affected your development?  Yes     No

If yes, please describe: \_\_\_\_\_

Has there been a history of child abuse?  Yes     No

If yes, which type(s):  Sexual     Physical     Verbal     Emotional/Psychological

If yes, the abuse was as a:  Victim     Perpetrator

Other childhood issues:  Neglect     Inadequate nutrition     Other (please specify): \_\_\_\_\_

Any further comments about childhood development: \_\_\_\_\_

## Social Relationships

How do you generally get along with other people (check all that apply)?

Affectionate       Aggressive       Avoidant       Fight/Argue Often       Follower  
 Friendly       Leader       Outgoing       Shy/Withdrawn       Submissive  
 Other (specify): \_\_\_\_\_

Sexual Orientation: \_\_\_\_\_      Comments: \_\_\_\_\_

Sexual Dysfunctions:  Yes     No    If yes, please describe: \_\_\_\_\_

Any current or history of being a sexual perpetrator?  Yes     No



# Intake Form

## Spiritual/Religious

How important to you are spiritual matters?  Not at All  Little  Moderate  Very

Is the family affiliated with a spiritual or religious group?  Yes  No

If yes, describe: \_\_\_\_\_

Were you raised within a spiritual or religious group?  Yes  No

If yes, describe: \_\_\_\_\_

Would you like your spiritual/religious beliefs incorporated into the counseling?  Yes  No

If yes, describe: \_\_\_\_\_

## Legal

### Current Status

Are you involved in any active legal cases (e.g. traffic, civil, criminal)?  Yes  No

If yes, please describe and indicate the court and hearing/trial dates and charges: \_\_\_\_\_

Are you presently on probation or parole?  Yes  No

If yes, please describe: \_\_\_\_\_

### History

Traffic Violations:  Yes  No

DWI, DUI:  Yes  No

Criminal Involvement:  Yes  No

Civil Involvement:  Yes  No

If you responded yes to any of the above, please fill in the following information

Charges	Date	Where (City)	Results
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



# Intake Form

## Education

Years of Education: \_\_\_\_\_ Currently enrolled in school?  Yes  No

<input type="checkbox"/> High School		Grad/GED: <input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Vocational	Number of Years: _____	Graduated: <input type="checkbox"/> Yes <input type="checkbox"/> No	Field: _____
<input type="checkbox"/> College	Number of Years: _____	Graduated: <input type="checkbox"/> Yes <input type="checkbox"/> No	Major: _____
<input type="checkbox"/> Graduate	Number of Years: _____	Graduated: <input type="checkbox"/> Yes <input type="checkbox"/> No	Major: _____

Other Training: \_\_\_\_\_

## Employment

Are you currently employed?  Yes  No

Full Time  Part Time  Temp  Laid off  Retired  Disabled  Social Security  Student

Other (describe): \_\_\_\_\_

## Military

Military Experience?  Yes  No Combat Experience?  Yes  No

Where: \_\_\_\_\_

Branch: \_\_\_\_\_ Discharge Date: \_\_\_\_\_

Date Enlisted: \_\_\_\_\_ Final Rank: \_\_\_\_\_

## Leisure/Recreational

Describe special areas of interest or hobbies (e.g., art, reading, walking, sports, exercising, fishing, etc.):

Activity	How often now?	How often in the past?
_____	_____	_____
_____	_____	_____
_____	_____	_____



# Intake Form

## Medical/Physical Health

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> AIDS                   | <input type="checkbox"/> Abortion           | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Constipation                 |
| <input type="checkbox"/> Diarrhea               | <input type="checkbox"/> Eating Problems    | <input type="checkbox"/> Sleeping Disorders | <input type="checkbox"/> Headaches                    |
| <input type="checkbox"/> Neurological Disorders | <input type="checkbox"/> Menstrual Problems | <input type="checkbox"/> Chronic Pain       | <input type="checkbox"/> Diabetes                     |
| <input type="checkbox"/> Alcohol Abuse          | <input type="checkbox"/> Allergies          | <input type="checkbox"/> Fatigue            | <input type="checkbox"/> Arthritis                    |
| <input type="checkbox"/> Dizziness              | <input type="checkbox"/> Epilepsy           | <input type="checkbox"/> Vomiting           | <input type="checkbox"/> Sexual Transmitted Diseases  |
| <input type="checkbox"/> Nose Bleeds            | <input type="checkbox"/> Sexual Problems    | <input type="checkbox"/> Colds/Coughs       | <input type="checkbox"/> Other (Please explain below) |
| <input type="checkbox"/> Abdominal Pain         | <input type="checkbox"/> Bed Wetting        | <input type="checkbox"/> Frequent Urination |   |
| <input type="checkbox"/> Drug Abuse             | <input type="checkbox"/> Anemia             | <input type="checkbox"/> Asthma             |   |
| <input type="checkbox"/> High Blood Pressure    | <input type="checkbox"/> Thyroid Problems   |   |   |

List any current health concerns: \_\_\_\_\_

Current Medications (please list):

Medication	Dose	Purpose	Side effect
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Is child/client allergic to any drugs?  Yes  No If yes, list drugs: \_\_\_\_\_

## Prescribing Psychiatrist/Doctor Contact Information

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Chemical Use History

Substance	Method & Amount	Frequency	Age of First Use	Age of Last Use	Used in Last 48 Hours	Used in Last 30 Days
Alcohol	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Barbiturates	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Valium/Librium	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cocaine/Crack	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Heroin/Opiates	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Marijuana	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
PCP	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
LSD	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Mescaline	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Inhalants	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Caffeine	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Nicotine	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Over the Counter	_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No



# Intake Form

## Chemical Use History (continued)

Describe when and where you typically use substances: \_\_\_\_\_  
\_\_\_\_\_

Describe any changes in your use patterns: \_\_\_\_\_

Describe how your use has affected family or friends: \_\_\_\_\_  
\_\_\_\_\_

Reasons for use (check all that apply):

- Addicted
- Build Confidence
- Escape
- Self Medication
- Socialization
- Taste
- Other: \_\_\_\_\_

Who or what has helped you in stopping or limiting use? \_\_\_\_\_

Does/has someone in your family (present or past) have or had a problem with drugs or alcohol?

Yes  No If yes, describe: \_\_\_\_\_

Have you had withdrawal symptoms when trying to stop the use of alcohol or drugs in the past?

Yes  No If yes, please describe: \_\_\_\_\_

## Counseling/Prior Treatment History

Have you ever had counseling before?  Yes  No

If yes, describe when and the experience: \_\_\_\_\_  
\_\_\_\_\_

Have you ever had suicidal thoughts or attempted suicide before?  Yes  No

If yes, describe: \_\_\_\_\_

Do you feel suicidal at this time?  Yes  No

If yes, explain: \_\_\_\_\_  
\_\_\_\_\_

Have you ever been hospitalized in a drug or alcohol treatment program before?  Yes  No

If yes, describe: \_\_\_\_\_

Have you ever been hospitalized for psychiatric or mental care before?  Yes  No

If yes, describe: \_\_\_\_\_



# Intake Form

## Counseling/Prior Treatment History (continued)

Behaviors that occur more often than you would like them to take place (check all that apply):

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Aggression          | <input type="checkbox"/> Self-Esteem Issues  | <input type="checkbox"/> Drug Dependence       | <input type="checkbox"/> Alcohol Dependence |
| <input type="checkbox"/> Cyber Addiction     | <input type="checkbox"/> Eating Disorder     | <input type="checkbox"/> Anger                 | <input type="checkbox"/> Depression         |
| <input type="checkbox"/> Elevated Mood       | <input type="checkbox"/> Antisocial Behavior | <input type="checkbox"/> Disorientation        | <input type="checkbox"/> Fatigue            |
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Distractibility     | <input type="checkbox"/> Gambling              | <input type="checkbox"/> Avoiding People    |
| <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Hallucinations      | <input type="checkbox"/> Heart Palpitations    | <input type="checkbox"/> Memory Impairment  |
| <input type="checkbox"/> Sleeping Problems   | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Body Image Issues     | <input type="checkbox"/> Mood Shifts        |
| <input type="checkbox"/> Speech Problems     | <input type="checkbox"/> Hopelessness        | <input type="checkbox"/> Panic Attacks         | <input type="checkbox"/> Suicidal Thoughts  |
| <input type="checkbox"/> Impulsivity         | <input type="checkbox"/> Phobias/Fears       | <input type="checkbox"/> Thoughts Disorganized | <input type="checkbox"/> Irritability       |
| <input type="checkbox"/> Recurring Thoughts  | <input type="checkbox"/> Trembling           | <input type="checkbox"/> Judgment Errors       | <input type="checkbox"/> Sexual Addiction   |
| <input type="checkbox"/> Withdrawing         | <input type="checkbox"/> Loneliness          | <input type="checkbox"/> Self Injury           | <input type="checkbox"/> Worrying           |
| <input type="checkbox"/> Sexual Difficulties | <input type="checkbox"/> Other: _____        |  |   |

Briefly discuss how the above symptoms has led you to seek help and when these problems began.

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Any additional information that would assist us in this therapeutic process?

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What are your goals for therapy?

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## For Staff Use

Therapist's Signature \_\_\_\_\_ Date: \_\_\_\_\_